Talk – Distress & Hope: Lament (Psalm 42 & Matt 26:36-46)

Story: A dog and a hospital floor

Part 1 - Desperate Thirst (When God feels far away) - Psalm 42:1-4, 9-10

Story: Healing, Insight, Questioning, and Pain

Part 2 – Honest Lament (Bearing your soul to God) – Psalm 42:5-7, 11; 43:5

Story - Hope and suffering, again

Part 3 – Hope in Jesus (the one who understands and brings us near) - Matt 26:36- 46

Story - The hope we have in Jesus is fixed and eternal even where our suffering may seem endless or be cyclical.