Lower Mountains Anglican – Glenbrook 9am (& Online), 10.30am and 6pm
Sunday 14th November 2026 Ken D Noakes & Julie Haddon

Talk Outline – Distress & Hope: Presence (Psalm 139, Matt 6:25-34 & Heb 4:14-5:10)

Talk 1 - God Knows

God's Knowledge (139:1-6) – God knows me completely

God's Presence (139:7-12) – God is with me everywhere

God's Power (Psalm 139:13-18) – God made me and holds my life

David's Prayer (Psalm 139:19-24) – a right response

What does God's constant presence mean when our inner world feels anything but constant?

Affliction is _____

Emotions are _____

Emotions are not _____

The need for _____

Talk 2 – Jesus knows

Jesus redirects our Worry (Matt 6:25-34)

Jesus makes access to God possible (Heb 4:14-5:10)

Come in our Time of Need

What should it look like to suffer faithfully and walk in affliction?

Jesus shows us _____

Jesus walks _____